



PRESS RELEASE

Department of Physical Education and Sports of GDC Nowshera concluded Sports Fest on 14/03/2022 in the disciplines of Tug of War, Kho-Kho, Badminton, Chess, Carrom, Kabaddi, Volleyball and Table Tennis. Principal of the College, Dr. Surinder Kumar was the Chief Guest of the tournament. College Sports committee and other faculty members were also present in the event.

Interacting with the players, chief guest of the event Dr. Surinder Kumar, Principal of the College said that games are vital for physical as well as mental fitness of individuals and students should take part in sports for the development of self-confidence and also for the development of mind and body. He further said that winning and losing is part of the game but the participation of students matters the most. Later, he wished them best of luck during the competitions. Games also instill a positive and competitive spirit among the players, he remarked.

On the occasion Dr. Akhil Khajuria, Convener College Sports Committee highlighted the benefits of sports and motivated the students to improve their skill, the ability to perform and execute their sports skill in the tournaments.

The tournament witnessed competitions in Tug of War, Kho-Kho, Badminton, Chess, Carrorm, Kabaddi, Volleyball and Table Tennis. With the participation of 06 teams in women 's section and 07 teams in men's Section.

In this 5 day tournament, in Badminton Boys, Anchal Sharma of sem 5th bagged 1st position and Ritik Sharma of sem 1st stood on 2nd position. In Badminton Girls, Ankita Choudhary of sem 5th was the winner by defeating Sariya Kouser of sem 1st. In the Kabaddi Boys, Sem 3rd won the final by defeating sem 5th. In Volleyball Boys, BA sem 3rd was the winner and B.Sc sem 3rd was the runner-up. In Volleyball Girls, Sem 5th won final by defeating Sem 3rd. In Tug of War Boys, Sem 1st was the winner and sem 3rd was the runner-up. In Tug of War Girls, sem 3rd was the winner and sem 1st was the runner-up. In the Chess Girls, Shafiqa of sem 1st was the winner and Parshansa Sharma of sem 1st was the runner-up. In Chess Boys, Vishal Sharma of sem 5th bagged 1st position and Harmeet singh of sem 5th was the 2nd position holder. In Carrom Boys, Harmeet singh and Sunil choudhary of sem 5th were the winners and Banu Sharma and Akash Sharma of sem 5th were the runner-ups. In Carrom Girls, Kirandeep Kour and Amisha Sharma of sem 1st were the winners and Gagandeep kour and Komal Sharma of sem 1st were the runner-ups. In Table Tennis Boys, Karan Kumar of sem 3rd was the winner and Sangeev Choudhary of sem 1st was the runner-up. In Table Tennis Girls Akansha Gupta of sem 5th bagged the 1st position and the Kirandeep Kour stood on 2nd position.

All the Winners and runner-ups of Sports Fest 2022 were honoured with medals by the Principal of the College. A facilitation programme was also organized by the Women Empowerment Cell of the college in which the students were facilitated with certificates of appreciation who performed cultural event on the occasion on International Women's Day 2022.



Sd/-
Principal
GDC Nowshera